



PRESSURE?
ULCER

WHAT'S
THAT?

LET ME EXPLAIN..



WORLD STOP PRESSURE ULCER DAY

The Initiative Chronische Wunden (Chronic Wounds Action Group) (ICW e.V.) is an active German-wide expert medical association. One of its aims is to reduce and/or prevent the pain suffered by people with chronic wounds through education and awareness. Pressure ulcers (also known as „bedsores“ or „pressure sores“) in particular are a type of chronic wound which can usually be avoided if the risk is identified and the required measures are taken soon enough.

This booklet, in its easy to understand format, is ICW e.V.'s contribution to World Stop Pressure Ulcer Day. Its aim is to make you, a relative of a sufferer or possible sufferer, more aware of the risks.

More information can be found at:

www.epuap.org

www.wundzentrum-hamburg.de

www.icwunden.de

IMPRINT:

Publisher:

ICW e.V.

Pölle 27/28 · 06484 Quedlinburg

Telefon +49 6455 7593965

www.icwunden.de

organisation@icwunden.de

Idea:

Ines Pantuschky

Wound Care Therapist ICW, Mannheim,
Germany

Concept + design:

Karl Gärtner Illustration, Mannheim, Germany

...BED
SORES !



TIME

PRESSURE

TISSUE TOLERANCE

Bed sores are caused by constant pressure to an area of skin and tissue, and the wound can be deep.

